



# SJÖGREN'S SYNDROME

## Learn and Connect!

March 26-27, 2010

Friday March 26, 2010, 8:00 - 9:00 p.m. - Evening Welcome Reception & Early Registration (optional)  
*Hor D'oeuvres and Sweets, Coffee & Tea served.*

Saturday, March 27, 2010, 8:30 a.m. - 4:30 p.m. - National Patient Conference  
8:30 a.m. - 9:30 a.m. - Registration and Exhibitor booths Open  
*Continental Breakfast, lunch and two snacks provided.*

Plus one hour round table session: 3-20 minutes sessions to ask the specialists your personal questions!

### Program: Saturday, March 27, 2010

**What is This Thing Called Sjögren's Syndrome?** **Ann Parke, M.D., Rheumatologist** will explore the somewhat unusual presentations of Sjögren's syndrome and will emphasize the systemic nature of the disease. Dr. Parke is Professor of Medicine, Division of Rheumatic Diseases, University of Connecticut School of Medicine and serves on the International Sjögren's Syndrome Scientific Committee. Dr. Parke has published over 130 scientific papers, abstracts and articles for peer-reviewed journals, including Arthritis and Rheumatism and The Journal of Rheumatology. She is the co-chair of the Medical Advisory Board at the Sjögren's Society of Canada and serves on the U.S. Sjögren's Syndrome Foundation Medical & Scientific Advisory Board.

**Review of Dry Mouth in Sjögren's Syndrome** **Lida Radfar, D.D.S., M.S., Oral Medicine Specialist**  
Dr. Radfar will discuss dry mouth, its symptoms and how to manage this frustrating and costly aspect of Sjögren's syndrome. She is an Associate Professor, Oral Medicine, University of Oklahoma College of Dentistry; Diplomate, American Board of Oral Medicine and researcher. Previously Dr. Radfar worked at the U. S. National Institutes of Health Sjögren's Syndrome Clinic. Dr. Radfar's research and interests include the salivary gland dysfunction/dry mouth, in particular, Sjögren's syndrome.

**Dry Eye and Management in Sjögren's Syndrome Patients** **Barbara Caffery, OD, PhD, FAAO, Optometrist.** Dr. Caffery will explain dry eye and how to manage this difficult aspect of Sjögren's. She will also discuss her interesting research from her PhD in Sjögren's syndrome that focused on identifying variables that would help eye care practitioners diagnose Sjögren's syndrome and differentiate it from other forms of dry eye disease. Dr. Caffery runs a busy optometry practice in Toronto; team member, Toronto Sjögren's Syndrome Multidisciplinary Clinic; Medical Advisory Board member, Sjögren's Society of Canada and is a devoted researcher.

**Overview of Sjögren's Syndrome** **C. Douglas Smith, MD, FRCPC, Rheumatologist** Dr. Smith will explain the different aspects of Sjögren's and enhance your understanding of the syndrome. Dr. Smith is an Associate Professor and Head, Division of Rheumatology, University of Ottawa and Deputy Chair Clinical, Department of Medicine, University of Ottawa. Conducts family education evenings in Ottawa where he and colleagues discuss various aspects and management for rheumatologic diseases including Lupus, Scleroderma and Sjögren's.

**Sjögren's and Musculoskeletal Concerns** **Arthur Bookman, M.D., FRCPC, Rheumatologist** is Associate Professor Medicine, University of Toronto; Clinic Coordinator, of the Multidisciplinary Toronto Sjögren's Syndrome Clinic at Toronto Western Hospital; Chair, Medical Advisory Committee, Canadian Arthritis Society and Co-chair, Medical Advisory Board, Sjögren's Society of Canada. People living with Sjögren's often have musculoskeletal symptoms. Dr. Bookman will increase our knowledge about how Sjögren's syndrome affects the joints, bones and muscles.

**Cavity Decay Prevention in Sjögren's Syndrome** **Miriam Grushka, M.Sc., D.D.S., PhD, Oral Medicine Specialist** will discuss why cavities occur in Sjögren's and a new prodigal that may help to prevent tooth decay in patients. Dr. Grushka is a Certified Specialist in Oral Medicine (British Columbia); Diplomate, American Board of Oral Medicine; American Board of Orofacial Pain; Medical Advisory Board member, Sjögren's Society of Canada.